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Anna Richardson, Educator...

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Alumnae Echoes . . .

. . . news bits from the front lines

Edited by Ila Pierce and Edith Fezler

ENID MINER, Ex. '25, is dietitian at the Security Benefit Association Home and Hospital in Topeka, Kan. A children's home of 50 and an old people's home of 801 are in connection with the hospital. A farm connected with the hospital supplies fresh vegetables and milk.

* * *

Alice Hansell, M. S. '32, is in charge of home economics at Simpson College for the remainder of the year, during the absence of the regular instructor.

* * *

Virginia Brokaw, '33, is in charge of the Art and Needlework Department at the Boston Store, Fort Dodge.

* * *

Irene Tolliver, '31, is now at the White Mountain Academy for boys and girls from Mississippi and Alabama, at Mathison, Miss. The school is under the supervision of the Methodist church. About 300, mostly junior college students, are enrolled. All the cooking is done by college girls who are earning their expenses. Miss Tolliver supervises kitchen work, menu planning, buying,



Irene Tolliver

bookkeeping and other outside activities. About half of the other teachers are from the North, most of them having received their degrees from the University of Chicago. Miss Tolliver writes that the campus is beautiful.

* * *

Graduates who are teaching in emergency adult education classes are **Mabel Phipps**, '24, Cherokee; **Alice Ford**, '32, Estherville; **Edna Collins**, '33, Galva.

* * *

Olive Swanson, '28, is living in Wilkesburg, Pa.

* * *

May Frank, M. S. '31, is teaching in the Home Economics Department at Iowa State Teachers' College, Cedar Falls.

Zorada Z. Titus, M. S. '27, is the author of a book entitled "Better Cooked Foods." It is a series of recipes which have been compiled and issued by the Coleman Lamp and Stove Company of Wichita, Kan. Miss Titus is director of the Household Searchlight, testing laboratory of the Capper Publications, Topeka, Kan.

* * *

Margaret McDonough, '33, is working on the campus in the bulletin office, Agricultural Annex.

Cold rolls may be made crisp crusted, light and flaky by dipping quickly in cold water and placing them immediately in a very hot oven.



Anna E. Richardson

Anna Richardson, Educator . . .

By Hilde Kronsage

This is the third in a series of personality sketches of home economics leaders written by members of Phi Upsilon Omicron, professional home economics fraternity.

ANNA E. RICHARDSON stands out as one of the most brilliant and far-seeing leaders in the development of home economics. Her sense of perspective and her realization of the significance of situations led her to a place of high standing. Not seeking fame or positions of note, she received these through her outstanding ability in human as well as home economics research. Her sympathy and understanding of her co-workers gave many of them confidence to grow and rise in the profession, too.

Mary Sweeney of the Merrill-Palmer School in Detroit has said:

"Her standard for personal service was not to seize the dramatic opportunity for prestige and recognition, but rather to promote the kindly interchange between two human beings, one of whom was needing courage, advice and sympathy."

Her early life was one of determination, for being born in Charleston, S. C., meant breaking southern traditions to secure professional training. She received this at Peabody College for Teachers, the University of Chicago and Columbia University and did brilliant research

in foods and nutrition at the University of Texas.

WHEN Miss Richardson went to college for the first time, her father presented her with a check book to be used carefully and with discretion. Her schoolmates, knowing the trust her father had in her, tried to influence the amount of her expenditures; but her reply always was that because of the respect she had for this trust she could not violate it.

Although in 1922 she was chief of the Home Economics Education Service of the Federal Board for Vocational Education, she accepted the offer of Iowa State College to become dean of the Home Economics Division. At that time plans were being laid for remodeling and adding to the building. Miss Richardson worked unceasingly on these, that there might be finer and more complete laboratories for the development of home economics. She revealed to many the numerous possibilities for graduates of this profession in other lines besides the usual cooking and sewing.

She was much interested in child development, and in 1926 resigned her position at Ames in order to promote a program in this field for the American Home Economics Association.

Her chairmanship of the White House Conference Subcommittee in Education for the Home and Family Life at the Elementary and Secondary Levels brought many new and important viewpoints to light. She believed that—

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Soup or Dessert

By Betty Melcher

"EVERYTHING from soup to nuts" is old stuff, but who ever heard of a dish that was soup and dessert at the same time. It's a nourishing milk soup that's as handy as can be. When you need soup on the menu you use the recipe as is. If you can't think of a good dessert, the soup can be dressed up and there you are. Snow milk is a favorite soup of the old German housewives.

SNOW MILK

$\frac{3}{4}$ quart milk
 $\frac{1}{2}$ quart water
 2 tbsp. sugar
 2 eggs
 f. g. salt

Separate the yolks and whites of the eggs, and dilute the milk with water. Sugar, salt, milk and egg yolks should be combined and heated to the boiling point. That part of the soup is finished.

Apply your stiffest egg beater and plenty of wrist action to the whites of eggs. Pour the soup into bowls and gently drop fluffs of beaten egg whites on the surface, a tablespoonful at a time.

Have you decided to have soup on your menu? Then you may serve your dish as it is. Or if you prefer a cold soup for variety, it may be chilled before serving. If the family is clamoring for a dessert, then sprinkle the dish with sugar and cinnamon and chill.

Learning to give and take is perhaps the most important gain to the little child from association with other children.

To remove scorch from table linen, make a paste of clothes starch and water, spread it on the scorched surface and place in the sun to dry, then brush.

"Nutritioning" in Chicago

(Continued from page 1)

are sent to persons exhibiting even the slightest bit of interest in public health and nutrition in the hope that another means of bringing science to the community will be effective.

To reinforce the direct family and office work of the nutritionist, trips are made to clinics assisting the clients, to stores selling to them, to settlement houses where clients are engaged in activities which may be sources of help for the needed nutrition tie-up.

Every case presents a new situation to invite the services of one who is wishing for the opportunity to use all she has learned theoretically and practically in college—combined with good common sense and understanding. And every situation teaches one that much more! Could one ask for more in a job?

Healthy Children

(Continued from page 3)

children who were refugees of war and politics.

Dr. Warner claims Oregon as her home state, although she was born in Michigan, reared in Alaska and educated in Oregon.

When she is not talking business Dr. Warner is quite a domestic person. She loves to knit and does it frequently for relaxation. In passing a display of lovely colored fabrics in Home Economics Hall she laughingly remarked, "I'd like to snitch a piece to recover a pillow I have at home."

She was enthusiastic over the color and design of the quilts exhibited in Home Economics Hall. "But I'd never have the patience to make a quilt," she remarked. "I must do things in which I can see that I am getting something done."

This remark expresses Dr. Warner's vivaciousness. Her sparkling brown eyes, ready smile and brisk walk reveal that she is a person who is keenly alive and ready to be of service to anybody who needs her.

Anna Richardson

(Continued from page 8)

"The home's most important functions need to be studied to determine which can be perpetuated and which might better be turned over to other agencies which can discharge them just as well or more efficiently."

In any work she undertook, her quiet, careful thinking gave weight to her decisions and confidence to her coworkers. Her philosophy of work and life has enriched the lives of all home economics students at Ames, because of the fine, high standards she left to us.

THE HOUSEWIFE'S HYMN

O God, I seem to find Thee everywhere!
 The steam that rises from the kettle there
 Seems more a miracle, somehow, to me
 Than all the heavenly marvels that I see.
 The hum of dear things cooking on the range
 Fills me with rapture. Father, is it strange
 Since these Thy products are of grain and food
 And Thou Thyself hast called them very good?

—Angela Morgan.

Ya know when ya got a real friend
 ya don't have to do no talkin' at all.
 Ya just sit; that's all. A guy understands that you can't be talkin' all the time. Nobody's feelin's is hurt. What's the use of all the talkin'? It doesn't get ya no place.

—Skippy.



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